3 MONTHS GOAL

START DATE   /   /

FINISH DATE   /   /

APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR

ACTION STEP

- ☐ ------------------------------------
- ☐ ------------------------------------
- ☐ ------------------------------------
- ☐ ------------------------------------
- ☐ ------------------------------------

1st week	2nd week	3rd week	4th week	5th week	6th week	7th week

8th week	9th week	10th week	11th week	12th week	13th week	14th week